



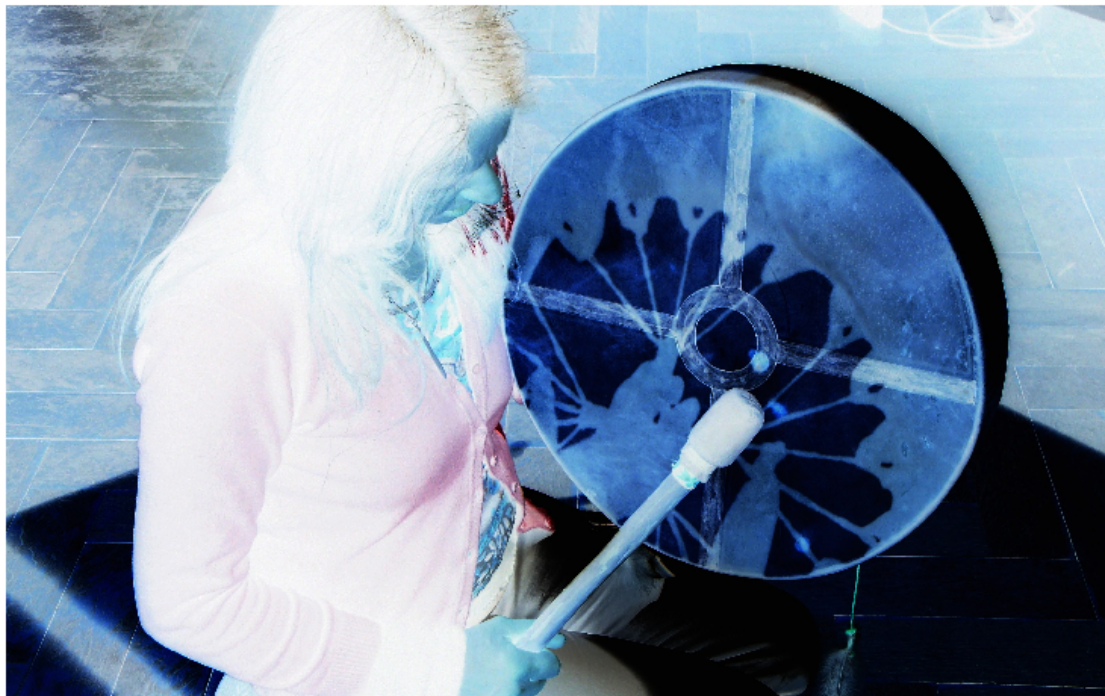
**The Foundation for Shamanic Studies is dedicated to the preservation, study, and teaching of shamanic knowledge for the welfare of the planet and its inhabitants.**

## The Basic Workshop in Core Shamanism

*Michael Harner's*

**The Way of the Shaman®**

Shamanic Journeying, Power, and Healing



**DATE:** May 2-3 2015

**TEACHER:** Roland Urban, M.A., Director FSS Europe

**LOCATION:** Mundekulla Kurs och Retreat Center, Emmaboda

**COSTS:** 1450 Kr seminar-fee + 800-1100 Kr food and accommodation

**BOOKING:** [mail@gabriele-j-kraemer.de](mailto:mail@gabriele-j-kraemer.de) Gabriele J. Krämer phone: 0046-(0)738 069 213

Please prebook in time because there is only a certain amount of workshop participations. Book via regular mail or e-mail.



During the Basic experimental workshop, participants are introduced to core shamanism, the universal and near-universal basic methods of the shaman to enter nonordinary reality for problem solving and healing. Particular emphasis is on the classic shamanic journey, one of the most remarkable visionary methods used by humankind to explore the hidden universe otherwise known mainly through myth and dream. Participants are initiated into shamanic journeying, aided by drumming and other techniques for experiencing the shamanic state of consciousness and for awakening **dormant** spiritual abilities, including connections with Nature.

Practice includes comparisons by participants of their discoveries in shamanic journeys as well as being introduced to shamanic divination and healing. They are also provided with methods for journeying to meet and study with their own individual spirit helpers in nonordinary reality, a classic step in shamanic practice. Participants learn how the journey is utilized to restore spiritual power and health, and how shamanism can be applied in contemporary daily life to help heal oneself, others, and the Planet.

Completion of this workshop with an **authorized FSS Faculty Member** qualifies participants to take more advanced FSS workshops.

#### **MAG. ROLAND URBAN – DIRECTOR FSS EUROPE**



Roland Urban was born and raised in Linz, Austria.

Studies of Psychology, Social and Health Sciences in Vienna and Dublin represent the basis of his current professional activities. Roland works predominantly with young people at the very margin of society. Furthermore he is free-lancing as Health, Clinical and Emergency Psychologist, trainer, coach, and author.

Study of shamanism since 1995, based on own experiences since 2000. Study visits within Europe, to the Middle East and North-America.

His research foci are on „Shamanism and the Sciences“, „Traces of European Shamanism“, and so called „Incurable Diseases“.

### **Shamanism Workshops and Training Programs**

#### **Core Shamanism — Shamanic Healing — Shamanic Initiations**

The Foundation for Shamanic Studies integrated series of workshops and advanced shamanic training programs are widely recognized as unparalleled in the world. Originated, researched and developed over nearly 50 years by anthropologist Michael Harner—the pioneer of contemporary shamanism—the Foundation's training offers students the opportunity to learn and practice authentic, powerful, and effective shamanic healing methods to high ethical standards. The Foundation's experienced Harner-faculty help to ensure a high-quality, rich, and transformative learning experience. The Foundation's programs are based in decades of practical experience. Whether you are looking to improve your life or to practice shamanic healing in your community, we look forward to assisting you on your shamanic path.